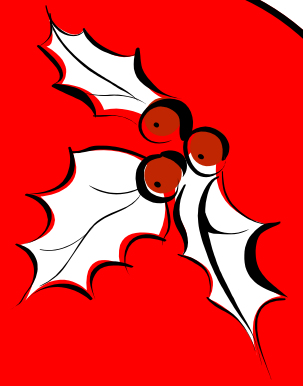


# Holiday Packages

## Give the Gift of Health!



### The Dasher

Three 1 Hour Personal Training Sessions      \$165.00      Save 27%

### The Dancer

Four 30 Minutes Massages      \$140.00      Save 18%

### The Prancer

One Hour Personal Training      \$60.00      Save 20%

### The Vixen

Phys-Ed Synch Sack and Water Bottle      \$20.00      Save 15%

### The Comet

Resting Metabolic Rate and Sub Max VO2      \$140.00      Save 20%

### The Cupid

1 Hour Personal Training Sessions and  
1 Hour Massage      \$125.00      Save 20%

### The Donner

1 Month Guest Membership      \$65.00      Save 14%

### The Blitzen

Intro to Membership      \$99.00      Save 35%  
1 Month (Includes Enrollment and 60 minute  
Personal Training Session)

### The Rudolph

Phys-Ed Gym Bag, Shirt, Water Bottle and Cap      \$99.00      Save 12%

### The 12 Shakes of Christmas

Gift Card for twelve 20oz Shakes      \$59.00      Save 19%

